YOUNG SCHOLARS JUNE 2017

SCHOOL BREAKFAST MENU

Monday
Asst. WG Cereal
1 slice Wheat Bread & Jelly
4oz Juice
1/2c Fruit

Tuesday
2 Pancakes & Syrup
4oz Juice
1/2c Fruit

Wednesday
Asst. WG Cereal
1 slice Wheat Bread & Jelly
4oz Juice
1/2c Fruit

Thursday
2 Waffles & Syrup
4oz Juice
1/2c Fruit

Friday
Muffin
4oz Juice
Fresh Fruit

All breakfast served with low fat Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
All meals include 8oz milk	The Nutrition Group		**Panini Sandwich w/ Shaved Buffalo Chicken & Provolone Cheese** **1/2c Tomato & Lettuce** **1/2c Baked Beans** 1/2c Diced Pears Fresh Banana 1/2pt FF Milk	**Cold Roast Beef n Cheese w/1/2c Tomato & Lettuce on WW Bun** 1 Mayo Packet **1/2c 3 beans salad** 1/2c Cinnamon Applesauce 1 Piece Fresh Fruit 1/2pt FF Milk

Daily Milk Choices:
Skim, Flavored Fat Free, 1% White